DEPARTMENT OF HOMELAND SECURITY
U.S. Coast Guard

OMB No. 1625-0040 Exp. Date: 02/21/2028

APPLICATION FOR MEDICAL CERTIFICATE, SHORT FORM

----- Instructions ------

Who must submit this form?

- 1. Mariners applying for, or holding a Merchant Mariner Credential (MMC) with only an entry-level national endorsement or a staff officer national endorsement who want to serve as Food Handler may use this form. (Please include the instruction page in addition to sections I, II, V and VI of this form.)
- Mariners applying for or holding an MMC with only an entry-level endorsement or a staff officer endorsement who require a medical certificate that complies with the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) or, Maritime Labour Convention (MLC) requirements and will not stand navigational or engineering watches may apply using this form. No lookout duties will be authorized.
- 3. All other applicants for a Medical Certificate must use the Application for Medical Certificate, Form CG-719K.

Who may conduct this exam?

All exams, tests and demonstrations must be performed, witnessed or reviewed by a physician, physician assistant, or nurse practitioner licensed by a state in the U.S., a U.S. possession, or a U.S. territory.

Section I: Applicant Information - To be completed by the Applicant and reviewed by the Medical Practitioner (MP)

- Legal Name Enter complete legal name.
- Reference Number If you have been credentialed by the Coast Guard in the past, enter your reference number.
- Date of Birth If applicant is under 18 years of age, attach a notarized statement, signed by a parent or guardian, authorizing the Coast Guard to issue a Medical Certificate.
- Sex Select your sex.
- Home Address Principle place of residence. PO Box is not acceptable.
- Delivery/Mailing Address The address to which you want all correspondence and issued certificates sent. If blank, correspondence and credentials will be sent to the Home Address.
- Primary Phone Number Provide a primary phone number.
- Alternate Phone Number Provide an alternate phone number (optional).
- E-mail Address (optional) If provided, the National Maritime Center (NMC) may attempt to contact you via e-mail. You will receive automated updates regarding the status of your application.
- Other Please provide additional means of communicating with you (satellite phone, work phone, etc.) (optional).

Section II: Food Handler Certification - To be completed by the Medical Practitioner

Refer to instructions provided in this section. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated.

Section III: Physical Information - To be completed by the Medical Practitioner

The Medical Practitioner must document the results of the physical information in this section. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated.

Section IV: Demonstration of Physical Ability - To be completed by the Medical Practitioner

Applicants must provide a demonstration of physical ability as described in the table and instructions in this section. The **Medical Practitioner** should initial and date at the bottom of each page of the application, where indicated.

Section V: Summary - To be completed by the Medical Practitioner

- a. Applicant Proof of Identity Provided Applicants shall present acceptable proof of identity to the Medical Practitioner conducting examinations. Proof of identity shall consist of one current form of valid government-issued photo identification. Examples of acceptable proof of identity include unexpired official identification issued by a Federal, State, or local government or by a territory or possession of the United States, such as a passport, U.S. driver's license, U.S. military ID card, Merchant Mariner Credential, or Transportation Worker Identification Credential (TWIC).
- b. Certification Recommendation The Medical Practitioner should provide their recommendation and overall opinion of the mariner's fitness.
- c. Assessment For STCW/MLC compliant medical certificate.
- d. Discussion The Medical Practitioner should discuss any conditions or issues of concern.

e. Medical Practitioner (Attestation and Information) - The Medical Practitioner must sign and date the attestation where indicated.

Section VI: Applicant Certification - To be completed by the Applicant

Applicant certifies that the information provided is true and correct.

Section VII: Applicant Consent (optional) - To be completed by the Applicant

Third Party Authorization - If you want the NMC to be able to discuss, release, or receive information/documents regarding your medical certificate application with a third party (spouse, employer, school, union, etc.) you must provide specific guidance to the NMC regarding what issues we may discuss and with whom. You may allow release of all information to certain individuals or entities. If you limit the release of certain information you must be specific by making a selection on the application or by attaching additional documentation. For each selection made, ensure the Name of the Organization or Third Party, Organization Point of Contact (if applicable), Address and Phone Number is completed. If you wish to provide multiple Third Party Authorizations, attach additional pages as needed. Please sign and date for each type of consent that you wish to authorize.

- a. Consent for Medical Practitioner to Release Information to the Coast Guard
- b. Consent for Coast Guard to Release Information to a Third Party
- c. Consent for Third Party to Act on your Behalf

MEDICAL	PRACTITIONER INITIALS:	

Date of Birth: (MM/DD/YYYY)

DATE:

Print Applicant Name: (Last, First, MI.)

DEPARTMENT OF HOMELAND SECURITY U.S. Coast Guard

OMB No. 1625-0040 Exp. Date: 02/21/2028

APPLICATION FOR MEDICAL CERTIFICATE, SHORT FORM Section I: Applicant Information - To be completed by the Applicant and reviewed by the Medical Practitioner					
Last Name		First Name	Middle Name	•	Suffix (Jr., Sr., III)
Reference Number (if applicable)		Sex Male	Female		Date of Birth (MM/DD/YYYY)
Please indicate best method(s)) of contact by c	hecking the appropriat	e box(es).		
Home Address (PO Box NOT acce	eptable)				
Street Address			Primary Phone Number		
City	State	Zip Code	Alternate Phone Number		
Delivery/Mailing Address, if differer	nt (PO Box acce	ptable)	E-mail Address		
City	State	Zip Code	Other		
Section II: Food Handler C	Certification -	To be completed b	y the Medical Practitione	r	
 infected person. 3. The Medical Practitioner nee workers should report informat Practitioner should consider w a. Whether the applicant repor Shigella Spp., Shiga-toxin-p b. Whether the applicant repor gastrointestinal illness such 	ed not perform any tion about their he /hen certifying an a prts they have been producing Escheri hts they have at le h as diarrhea, feve rts they have a les	additional testing unless ealth as it relates to disea applicant include, but are n diagnosed with, or expo ichia coli, or Hepatitis A v east one symptom caused ar, vomiting, jaundice, or s	osed to an illness due to organism irus within the past month. I by illness, infection, or other sou	Applicants and food. Circumsta s including, but n rce that is associa	currently employed food inces that the Medical ot limited to, Salmonella Typhi, ated with an acute
		Is the a	pplicant free from communi	cable disease	? 🗌 Yes 📄 No 📄 N/A
Section III: Physical Inform	<mark>mation</mark> - To b	e completed by the	Medical Practitioner		
Height (Inches Or	nly)	V	Veight (Ibs)		
Distinguishing Marks: (Please Print)	int)				
			AL PRACTITIONER INITIALS	: 🗆	DATE:
CG-719K/E (03/25)					Page 2 of 5

Print Applicant Name: (Last, First, MI.)

Date of Birth: (MM/DD/YYYY)

Section IV: Demonstration of Physical Ability - To be completed by the Medical Practitioner

LISTS OF TASKS CONSIDERED NECESSARY FOR PERFORMING ORDINARY AND EMERGENCY RESPONSE SHIPBOARD FUNCTIONS				
Shipboard Tasks, Function, Event, or Condition	Related Physical Ability	The Examiner Should Be Satisfied That The Applicant:		
Routine movement on slippery, uneven, and unstable surfaces	Maintain balance (equilibrium)	Has no disturbance in sense of balance		
Routine access between levels	Climb up and down vertical ladders and stairways	Is able, without assistance, to climb up and down vertical ladders and stairways		
Routine movement between spaces and compartments	Step over high doorsills and coamings, and move through restricted accesses	Is able, without assistance, to step over a doorsill or coaming of 24 inches (600 millimeters) in height. Able to move through a restricted opening of 24 x 24 inches		
Open and close watertight doors, hand cranking systems, open/ close valve	Manipulate mechanical devices using manual and digital dexterity, and strength	Is able, without assistance, to open and close watertight doors that may weigh up to 55 pounds (25 kilograms); should be able to move hands/arms to open and close valve wheels in vertical and horizontal directions; rotate wrists to turn handles; able to reach above shoulder height		
Handle ship's stores	Lift, pull, push, carry a load	Is able, without assistance, to lift at least a 40 pound (18.1 kilograms) load off the ground, and to carry, push, or pull the same load		
General vessel maintenance	Crouch (lowering height by bending knees); kneel (placing knees on ground); stoop (lowering height by bending at the waist); use hand tools such as spanners, valve wrenches, hammers, screwdrivers, pliers	Is able, without assistance, to grasp, lift, and manipulate various common shipboard tools		
Emergency response procedures including escape from smoke-filled spaces	Crawl (ability to move body using hands and knees); feel (ability to handle or touch to examine or determine differences in texture and temperature)	Is able, without assistance, to crouch, kneel, and crawl, and to distinguish differences in texture and temperature by feel		
Stand a routine watch	Stand a routine watch	Is able, without assistance, to intermittently stand on feet for up to four hours with minimal rest periods		
React to visual alarms and instructions, emergency response procedures	Distinguish an object or shape at a certain distance	Distinguish an object or shape at a certain distance		
React to audible alarms and instructions, emergency response procedures	React to audible alarms and instructions, emergency response procedures	React to audible alarms and instructions, emergency response procedures		
Make verbal reports or call attention to suspicious or emergency conditions	Describe immediate surroundings and activities, and pronounce words clearly	Is capable of normal conversation		
Participate in fire fighting activities	Be able to carry and handle fire hoses and fire extinguishers	Is able, without assistance, to pull an uncharged 1.5 inch diameter, 50' fire hose with nozzle to full extension, and to lift a charged 1.5 inch diameter fire hose to fire fighting position		
Abandon ship	Use survival equipment	Has the agility, strength, and range of motion to put on a personal flotation device and exposure suit without assistance from another individual		
Title 46 of the Code of Federal Regulations (CFR) requires that ratings, including entry level, and food handler serving on vessels to which STCW applies must provide a demonstration of physical ability. The table above lists activities that the applicant must be physically able to perform: For a vessel to be operated safely, it is essential that the crewmembers be physically fit and free of debilitating illness and injury. The seafaring life is arduous, often hazardous and the availability of medical assistance or treatment is generally minimal. As the international trend toward smaller crews continues, the ability of each crewmember to perform his or her routine duties and respond to emergencies becomes even more critical. All mariners should be capable of living and working in cramped spaces, frequently in adverse weather causing violent evolutions such as firefighting or launching lifeboats or life rafts. Members of the deck and engine department must be capable of physical labor, climbing, and handling moderate weights (from 30-60 pounds). Refer to the Merchant Mariner Medical Manual, which can be found at https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM_16721_48.PDF, for further guidance or call the NMC at 1-888-IASKNMC (1-888-427-5662).				
Physical Ability Applicant has the physical strength, agility, and flexibility to perform all of the items listed in the physical ability table. Applicant does NOT have the physical strength, agility, and flexibility to perform all of the items listed in the physical ability table.				
COMMENTS: (Please Print)				

MEDICAL PRACTITIONER INITIALS:

DATE:

Print Applicant Name: (Last, First, M	ll.)				Date of Birth: (MM/DD/YYYY)	
Section V: Summary - To be	completed	l by the Med	ical Pra	ctitioner		
a. Applicant proof of identity provided: Yes No b. Certification recommendation: Recommended Not Recommended Needs Further Review				Needs Further Review		
C. Assessment: (for STCW/MLC compliant medical certificate) To the best of my knowledge, mariner is free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for such service or to endanger the health of other persons on board.				-		
d. Discussion: Please discuss any co	oncerns. Ple	ase print or typ	e.			
e. Medical Practitioner: This signature attests, subject to crimina best of his/her knowledge and that the n						
Last Name	First Name		M.I.	License Number		State
Signature		Date (MM/DD/Y	YYY)	Phone Number	MD	
Office Street Address						
	Charter	Zin Carla				
City	State	Zip Code				
					(Place o	office address stamp here)
Section VI: Applicant Certifica	i <mark>tion</mark> - To l	be complete	d by the	Applicant		
My signature below attests, subject to prosecution under 18 USC § 1001, that all information provided by me on this form is complete and true to the best of my knowledge, and I agree that it is to be considered part of the basis for issuance of any medical certificate to me. I have not knowingly omitted any material information relevant to this form. I have also read and understand the Privacy Notice that accompanies this form.						
Signature of Applicant					Date (MM/DD/Y	YYY)
PRIVACY ACT STATEMENT						
Pursuant to 5 U.S.C. §552a(e)(3), this Privacy Act Statement serves to inform you of why DHS is requesting the information on this form. AUTHORITY : 14 U.S.C. § 505; 46 U.S.C. §§ 2103, 7101, 7302, 7502; 46 C.F.R. 10.301 PURPOSE : To determine whether an applicant meets the regulatory standards for issuance of a U.S. Merchant Mariner Credential (MMC). The U.S. Coast Guard (USCG) evaluates an applicant's qualifications to determine compliance with the national and international requirements for issuance of the MMC, any endorsement within the MMC, and medical certificate. ROUTINE USES : The information is used by authorized USCG personnel who have a need for the record to determine whether an applicant is a safe and suitable person and qualifies for the MMC, any endorsement within the MMC, and medical certificate. In addition, the USCG uses the information to maintain and update records of merchant mariner document transactions. This information will not be shared outside of DHS except in accordance with the provisions of DHS/ USCG-030, Merchant Seamen's Records, 74 Federal Register 30308 (June 25, 2009); and DHS/USCG/PIA-015, Merchant Mariner Licensing and Documentation System. CONSEQUENCES OF FAILURE TO PROVIDE INFORMATION : Furnishing this information (including your SSN) is voluntary. However, failure to furnish the requested information may result in the non-issuance of the MMC, any endorsement within the MMC, and medical certificate.						
An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a valid OMB control number. The United States Coast Guard estimates that the average burden for this form is 10 minutes. You may submit any comments concerning the accuracy of this burden or any suggestions for reducing the burden to the Chief, Office of Merchant Mariner Credentialing, 2703 Martin Luther King, Jr. Ave, S.E., STOP 7509, Washington, D.C., 20593-7509.						

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Print Applicant Name: (Last, First, MI.)	Date of Birth: (A	/M/DD/YYYY)			
Section VII: (Optional) Applicant Consent - To be completed by the Applicant Declined					
a. CONSENT FOR MEDICAL PRACTITIONER TO RELEASE INFORMATION My signature below authorizes the Medical Practitioner, who has signed the cert Coast Guard personnel, any pertinent information in his/her possession regardin Guard prior to determining whether the Coast Guard should issue a merchant m I understand that this authorization is voluntary. I also understand that failure to determination as to whether the Coast Guard should issue me a merchant marin Guard determines whether to issue me the requested merchant mariner medical I have read and understand the following statement about my rights:	ification on page 4 of this form, to re g any physical or medical condition ariner medical certificate. provide authorization could affect the er medical certificate. This authorization certificate for maritime service, but	that may require review by the Coast e Coast Guard's ability to make a timely ation will remain in effect until the Coast no longer than one year.			
 I may revoke this authorization at any time prior to its expiration date by notifying the verifying medical practitioner in writing, but the revocation will not have any effect on any actions taken before they received the notification. Upon request, I may see or copy the information described in this release. 					
$\ensuremath{\boldsymbol{u}}$ I am not required to sign this release to receive my medical evaluation.					
Signature of Applicant		Date (MM/DD/YYYY)			
b. CONSENT FOR COAST GUARD TO RELEASE INFORMATION TO A THIF	RD PARTY:				
My signature authorizes the Coast Guard to share my medical information with the authorization at any time prior to its expiration date by notifying the Coast Guard Please provide the Name of the Organization or Third Party, Address, and Phon attached separately. Name of Organization or Third Party	l in writing.	-			
Organization Point of Contact <i>(if applicable)</i>	Phone Number				
Street Address					
City	State	Zip Code			
Signature of Applicant		Date (MM/DD/YYYY)			
 c. CONSENT FOR THIRD PARTY TO ACT ON MY BEHALF: My signature authorizes the following third party to act on my behalf in all matter certificate. This means that the Coast Guard will share my medical information a request agency action on my behalf, and receive my medical certificate. Please provide the Name of the Organization or Third Party, Address, and Phon attached separately. Name of Organization or Third Party 	and correspond with the third party,	and it means that the third party can			
Organization Point of Contact (if applicable)	Phone Number				
Street Address					
	State	Zin Code			
City	State	Zip Code			
Signature of Applicant		Date (MM/DD/YYYY)			

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