# DEPARTMENT OF HOMELAND SECURITY U.S. Coast Guard

OMB No. 1625-0040

Exp. Date: 02/21/2028

#### APPLICATION FOR MEDICAL CERTIFICATE

#### **Privacy Act Statement**

Pursuant to 5 U.S.C. §552a(e)(3), this Privacy Act Statement serves to inform you of why DHS is requesting the information on this form.

AUTHORITY: 14 U.S.C. § 505; 46 U.S.C. §§ 2103, 7101, 7302, 7502; 46 C.F.R. 10.301

**PURPOSE**: To determine whether an applicant meets the regulatory standards for issuance of a U.S. Merchant Mariner Credential (MMC). The U.S. Coast Guard (USCG) evaluates an applicant's qualifications to determine compliance with the national and international requirements for issuance of the MMC, any endorsement within the MMC, and medical certificate.

**ROUTINE USES:** The information is used by authorized USCG personnel who have a need for the record to determine whether an applicant is a safe and suitable person and qualifies for the MMC, any endorsement within the MMC, and medical certificate. In addition, the USCG uses the information to maintain and update records of merchant mariner document transactions. This information will not be shared outside of DHS except in accordance with the provisions of DHS/USCG-030, Merchant Seamen's Records, 74 Federal Register 30308 (June 25, 2009); and DHS/USCG/PIA-015, Merchant Mariner Licensing and Documentation System.

**CONSEQUENCES OF FAILURE TO PROVIDE INFORMATION:** Furnishing this information (including your SSN) is voluntary. However, failure to furnish the requested information may result in the non-issuance of the MMC, any endorsement within the MMC, and medical certificate.

#### ----- Instructions -----

#### Who must submit this form?

- 1. Applicants seeking a Medical Certificate are required to complete this form and submit all 10 pages, including instructions, to the U.S. Coast Guard. Guidance for completion of this form can be found at <a href="https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM\_16721\_48.PDF">https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM\_16721\_48.PDF</a>.
- 2. Mariners applying for or holding a merchant mariner credential with only an entry-level endorsement who serve on a vessel not subject to the International Convention on Standards of Training, Certification and Watchkeeping (STCW) but who request a medical certificate that satisfies the Maritime Labor Convention (MLC), AND want to be qualified for lookout duties should submit this form. Sections III (Medical Conditions), IV (Medications) and V (Physical Examination) of the CG 719K DO NOT have to be completed. The medical certificate will be restricted to entry-level only.
- 3. The Coast Guard will not accept an application for a medical certificate without a reference number or a Merchant Mariner Credential (MMC).

# Who may conduct this exam?

- 1. All exams, tests and demonstrations must be performed, witnessed or reviewed by a physician, physician assistant, or nurse practitioner licensed by a state in the U.S., a U.S. possession, or a U.S. territory.
- 2. Medical examinations for U.S. Registered Pilots must be conducted by a licensed medical doctor.

### Section I: Applicant Information - To be completed by the Applicant and reviewed by the Medical Practitioner (MP)

- Legal Name Enter complete legal name.
- Date of Birth If applicant is under 18 years of age, attach a notarized statement, signed by a parent or guardian, authorizing the Coast Guard to issue a
  Medical Certificate.
- Mariner Reference Number or Social Security Number If you have held a Coast Guard credential in the past, enter your reference number.
- Sex Enter your sex.
- Home Address Principle place of residence. PO Box is not acceptable.
- Delivery/Mailing Address The address to which you want all correspondence and issued certificates sent. If blank, correspondence and certificates will be sent to the Home Address.
- Primary Phone Number Provide a primary phone number.
- Alternate Phone Number Provide an alternate phone number (optional).
- E-mail Address (Optional) If provided, the National Maritime Center (NMC) may attempt to contact you via e-mail. You will receive automated updates regarding the status of your application.
- Other Please provide additional means of communicating with you (satellite phone, work phone, etc.) (optional).
- Endorsement held or sought Applicants should select all options that apply. If nothing is selected, the Coast Guard will not accept the application.

### Section II: Food Handler Certification - To be completed by the Medical Practitioner

Refer to instructions provided in this section. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated.

# Section III: Medical Conditions - To be completed by the Applicant and the Medical Practitioner

- **III(a)** Applicants must report their relevant medical conditions to the best of their knowledge. Applicants should check YES if: 1) they have had a previous diagnosis, or treatment for the condition by a health care provider; 2) they are currently under treatment or observation for the condition; or 3) the condition is present, regardless of treatment status.
- III(b) The Medical Practitioner must review and discuss all conditions reported by the applicant in Section III(a). The Medical Practitioner's discussion should include, at a minimum, the name of the condition, approximate date of diagnosis, treatment, current status of the condition, limitations of the condition, and any additional information as appropriate. Recommended supporting documentation and testing for conditions that are subject to further review are contained in the Merchant Mariner Medical Manual which can be found at <a href="https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM\_16721\_48.">https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM\_16721\_48.</a>
  PDF. Medical practitioners should be familiar with the guidelines contained within this document. If the Medical Practitioner discovers a condition not reported by the applicant, they must check YES in the appropriate block in III(a) and provide information on the condition, as requested, in Section III(b). For conditions that were Previously Reported, the Medical Practitioner need only discuss the interval history and current status of the condition. Additional sheets may be added by the applicant and/or the medical practitioner if needed to complete this section of the form. Include applicant's name and DOB on each additional sheet. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated.

and DOB on each additional sheet. The <b>Medical Prac</b>			
	☐ MEDICAL PRACTITIONE	R INITIALS: DAT	ΓE:
rint Applicant Name:(Last, First, Ml.)		Date of Birth: (MM/DD/YYYY)	

# Section IV: Medications - To be completed by the Applicant and reviewed by the Medical Practitioner Applicants - Refer to instructions provided in this section. Medical Practitioner - Verification of medications includes guestioning the applicant about any medications or other substances reported, reviewing relevant medical conditions to determine if the applicant has omitted any medications or other substances, and affirmatively reporting any omitted current medications or other substances where required. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated. Section V: Physical Examination - Items 1-17; To be performed and completed by the Medical Practitioner The Medical Practitioner must document the results of the physical examination in this section. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated. Section VI: (Vision) and VII: (Hearing) - To be completed by the Medical Practitioner or other staff to the satisfaction of the Medical Practitioner The Medical Practitioner is not required to perform or witness the vision and hearing examinations. These may be performed by qualified office staff or referred to other qualified practitioners such as audiologists or optometrists; however, the results must be reviewed by the Medical Practitioner. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated. Additional guidance can be found at: https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM 16721 48.PDF. Section VIII: Demonstration of Physical Ability - To be completed by the Medical Practitioner Refer to the table and instructions provided in this section. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated. Section IX: Summary - To be completed by the Medical Practitioner a. Applicant Proof of Identity Provided - Applicants shall present acceptable proof of identity to the Medical Practitioner conducting examinations. Proof of identity shall consist of one current form of valid government-issued photo identification. Examples of acceptable proof of identity include unexpired official identification issued by a Federal, State, or local government or by a territory or possession of the United States, such as a passport, U.S. driver's license, U.S. military ID card, Merchant Mariner Credential, or Transportation Worker Identification Credential. b. Certification recommendation - The Medical Practitioner must ensure a complete history and physical are conducted. The practitioner should address the listed questions and make a certification recommendation. The Coast Guard retains final authority for the issuance of the medical certificate. c. Assessment - The Medical Practitioner should provide answer to statement 1 or 2, as appropriate for the credential sought. Option 2 is for mariner applicants who are only seeking an MLC-compliant, entry-level medical certificate. d. Discussion - The Medical Practitioner should discuss any conditions or issues of concern. e. Medical Practitioner (Attestation and Information) - Attests that the general medical examination, vision and hearing tests, and demonstration of physical ability, as appropriate, have been performed to the satisfaction of the Medical Practitioner. The Medical Practitioner must sign and date the attestation where indicated. This signature attests, subject to criminal prosecution under 18 USC § 1001, that all information reported by the Medical Practitioner is true and correct to the best of their knowledge and that the Medical Practitioner has not knowingly omitted or falsified any material information relevant to this form. Section X: Applicant Certification - To be completed by the Applicant Applicant certifies that the information provided is true and correct. Section XI: Applicant Consent (optional) - To be completed by the Applicant Third Party Authorization - If you want the NMC to be able to discuss, release, or receive information/documents regarding your medical certificate application with a third party (spouse, employer, school, union, etc.) you must provide specific guidance to the NMC regarding what issues we may discuss and with whom. You may allow release of all information to certain individuals or entities. If you limit the release of certain information you must be specific by making a selection on the application or by attaching additional documentation. For each selection made, ensure the Name of the Organization or Third Party, Organization Point of Contact (if applicable), Address and Phone Number is completed. If you wish to provide multiple Third Party Authorizations, attach additional pages as needed. Please sign and date for each type of consent that you wish to authorize. a. Consent for Medical Practitioner to Release Information to the Coast Guard b. Consent for Coast Guard to Release Information to a Third Party c. Consent for Third Party to Act on your Behalf MEDICAL PRACTITIONER INITIALS: Print Applicant Name: (Last, First, MI.) Date of Birth: (MM/DD/YYYY)

# DEPARTMENT OF HOMELAND SECURITY U.S. Coast Guard

OMB No. 1625-0040 Exp. Date: 02/21/2028

			ast Guard MEDICAL CERTIFICATE	Exp. Date: 02/21/2028
Section I: Applicant Inf			Applicant and reviewed by the Me	edical Practitioner
Last Name		First Name	Middle Name	Suffix (Jr., Sr., III)
		]		
Mariner Reference Number or S	Social Security Numl	oer <mark>Sex:</mark> Male	Female	Date of Birth (MM/DD/YYYY)
Please indicate best method	d(s) of contact by			
Home Address (PO Box NOT		oneoming the appropriate	, <i>ESK</i> (88).	
Street Address	· ,		Primary Phone Number	
City	State	Zip Code	Alternate Phone Number	
Delle and (AA-The or A delegan 17 del			F	
Delivery/Mailing Address, if diff Street Address	erent (PO Box acc	eptable)	E-mail Address	
City	State	Zip Code	Other	
Endorsoment Hold or Sou	ught (Chook all the	at apply or the Coast Gus	ard will not accept the application):	
Other (Please expl	ain):			
Section II: Food Handl	er Certification	- To be completed b	y the Medical Practitioner	
the health or safety of other Section I, above), the Medic 2. Communicable disease is excreta or other discharges infected person.  3. The Medical Practitioner in workers should report inform Practitioner should consider a. Whether the applicant results Shigella Spp., Shiga-toxib. Whether the applicant regastrointestinal illness strength.	rindividuals in the wo cal Practitioner man defined in 46 CFR 1 from the body; or in eed not perform any mation about their her when certifying an eports they have been in-producing Escher eports they have at leach as diarrhea, feve eports they have a le	orkplace. For applicants why provide the attestation by 0.107 as any disease capal directly, via substances or in additional testing unless it seath as it relates to disease applicant include, but are not include, but are not include, and include applicant include, but are not include, or expossional coli, or Hepatitis A virule east one symptom caused bear, vomiting, jaundice, or so is sion containing pus, such a	ed to an illness due to organisms including, but is within the past month.  By illness, infection, or other source that is as	in (Food Handler box is checked in below. Innother directly, by contact with or other discharges from an and currently employed food instances that the Medical but not limited to, Salmonella Typhi, sociated with an acute draining and is on hands or wrists or
		MEDICAL	PRACTITIONER INITIALS:	DATE:

Print A	Applica	ant N	lame	e:(Last, Firs	st, MI.)					Date of E	Birth: <i>(MM/DL</i>	D/YYYY)		
Section III(a): Medical Conditions - To be completed by the Applicant and reviewed by the Medical Practitioner														
I have a medical waiver (MW): Yes No If YES, provide a copy to the Medical Practitioner, and mark the MW box below.														
To the best of your knowledge, have you ever had, required treatment for, or do you presently have any of the following conditions? If no, please mark the <b>NO</b> box below. If yes, please mark the <b>YES</b> box below, and if <b>previously reported (PR)</b> , mark the <b>PR</b> box below.														
ITEM	YES	NO	PR	MW CON	1DITION:	S								
1.				1. B	Blurry visi	on, poor ni	ght vision, ey	ye disease c	or injury, eye	surgery, a	abnormal col	lor vision,	cataracts of	or glaucoma
2.	2. Hearing loss, hearing aid, ear surgery, facial deformities, open tracheostomy or frequent severe nose bleeds										se bleeds			
3.				3. H	ligh or lo	w blood pre	essure							
4.	4. Heart or vascular disease of any kind, to include angina, chest pain, irregular heart beat, heart valve problem/ replacement, heart attack/myocardial infarction, or congestive heart failure										problem/			
5.				5. H	leart surç	gery and/or	implanted d	devices (for e	example, and	gioplasty,	stent, pacem	naker, or o	defibrillator)	)
6.				6. Li	ung dise.	ase of any	type (for exa	ample, asthn	na, emphyse	ema, or ch	ronic obstruc	ctive pulm	nonary dise	ase (COPD))
7.				7. A	ny blood	l disorder (f	for example,	, anemia, hei	mophilia, blo	od clots, o	or polycythen	mia)		
8.				8. D	Diabetes,	glucose int	tolerance, or	r sugar in uri	ne					
9.				9. T	hyroid pr	roblem requ	uiring treatm	ent or hospi	talization					
10.								rder requirin epatitis or jau		edical car	e/medication	n, or caus	ing significa	ant bleeding
11.				11. 1	Kidney p	roblems/st	ones or bloo	od in urine						
12.				12. /	Any othe	er urinary or	r bladder pro	oblems not li	sted above r	equiring tr	eatment or h	nospitaliza	ation	
13.								al treatment,						
14.								ctions to any					·	
15.								nic infectious					•	
16.				,	sleep dis	order, or in	nsomnia)	le, obstructiv	e sleep apn	ea, restles	ss leg syndro	ome, narc	colepsy, shit	ft work
17.						, fits, or sei								
18.				18. 1	History o	of serious h	ead injury, lo	oss of consc	iousness or	memory lo	OSS			
19.				19. 1	Frequen	t or severe	headaches							
20.				20. 1	Dizzines	s/fainting s	pells/balance	e problems						
21.				21.	Frequen	t motion sid	kness requi	iring medicat	tion					
22.				22.	Stroke o	r Transient	Ischemic At	ttack (TIA), b	rain tumor o	r other bra	ain disorder			
23.				23. /	Any neu	rologic diso	order or nerv	e problems i	including nur	mbness ar	nd/or paralys	sis, not lis	ted above	
24.				24. /	Attention	deficit disc	order with or	r without hyp	eractivity					
25.				25. /	Anxiety,	depression	n, bipolar disc	order, adjust	tment disord	er, PTSD,	or schizoph	renia		
26.				26.	Suicide a	attempt or t	hought(s) of	f suicide (Su	icidal Ideatio	n)				
27.								talization for otion medicat				addiction,	or depende	ence
28.				28. /	Any othe	er psychiatr	ic disorder, r	mental healt	h evaluation/	treatment/	/hospitalizati	ion		
29.				29. 1	Back, ne	ck or joint p	problems tha	at impair mo	vement or ca	ause debil	itating pain			
30.				30. /	Amputat	ion, prosthe	esis, or use o	of ambulator	y devices (fo	or example	e, cane, walk	er, or bra	aces)	
31.								dislocations of						
32.				+ + +				a vessel as					n the last si	x years?
33.				<del>                                     </del>				rs, illnesses,						
<del>34</del> .				34.	Any host	oital admiss	sions within t	the last six y	ears not liste	ed elsewh	ere in this Se	ection?		
							N	MEDICAL PR	RACTITIONE	ER INITIA	LS:	<b>D</b> .	ATE:	

Print Applicant Name	e:(Last, First, MI.)			Date of Birth: (MM)	//DD/YYYY)	
Section III(b): Me	edical Condition	s - To be completed by th	ne Medical Prac	ctitioner		
Instructions: For each condition. For conditions with a Please attach approfurther review and thhttps://media.defen	ach item marked North item marked Presentation marked Presentation Medical Waiver opriate evaluation e recommended ese.gov/2019/Septitional information	ES in Section III(a), the Medic viously Reported (PR), the p (MW) review the applicant's wa data for conditions that are sivaluation data can be found in 11/2002181050/-1/-1/0/CIM 1 has been attached by marking t name and date of birth on ea	cal Practitioner in rovider need only aiver letter and attubject to further real the Merchant Ma 6721 48.PDF.  g the ATTACHED	nust provide the information discuss the interval tach all waiver report eview. Information or ariner Medical Manual box. Additional st	history and cu ting requirement n conditions that al, located at	rrent status of the nts. at are subject to
Item #	Date of onset	or diagnosis (mm/dd/yyyy)				Attached
Condition			Treatment			
Status			Limitations			
Item #	Date of onset	or diagnosis (mm/dd/yyyy)				Attached
Condition	_ Dute of offset (	i diagnosis (iiiii/da/yyyy)	Treatment			
Status			Limitations			
tem #	Date of onset	or diagnosis (mm/dd/yyyy)				Attached
Condition			Treatment			
Status			Limitations			
Item #	Date of onset	or diagnosis (mm/dd/yyyy)				Attached
Condition			Treatment			
Status			Limitations			
Item #	Date of onset	or diagnosis (mm/dd/yyyy)				Attached
Condition			Treatment			
Ctatus			l implication of			
Status			Limitations			
		MEDIC	AL DRACTITION	IED INITIAL C.		E.

Print Applicant Nam	e: <i>(La</i> s	t, Firs	st, MI.)						Date of Birth	n: <i>(l</i>	MM/DD/YYYY)		
Section IV: Med	icatio	ns -	To be com	pleted	d by the Applic	ant and	d revi	ewe	d by the Mo	edi	cal Practitione	r	
Do you currently us	e any	medio	cation (preso	ription	or nonprescript	ion)?	Yes	No	If YES, provi	de tl	ne information requ	ested in the	blocks below.
Applicants Must Report  1. All medications (Prescription or Nonprescription), dietary supplements, and vitamins; that were filled, or refilled, and/or taken within 30 days prior to the date the applicant signs the CG-719K; and  2. All medications (Prescription or Nonprescription), dietary supplements, and vitamins that were used for a period of 30 or more days within the last 90 days prior to the date the applicant signs the CG-719K.  Yes No If YES, provide the information requested in the blocks below.  1. Medical Practitioner must verify applicants medications and information listed in the table below.  2. Medical Practitioner comments should include the approximate length of time the applicant has taken the medication and address the presence or absence of any side effects.										mate length			
prior to the date the			nal guidance o	n medic	cations, including th								
Additional sheets m			hed by the A	pplicar		Practitio	ner if r	need	ed to comple	te t	his section.	TACHED	
(Include applicant r	DOS		FREQUENCY	eacn	CONDITION						OMMENTS (Durati		
MEDICATION	DOS	)E	FREQUENCT		CONDITION		MEDIC	AL P	KACIIIIONEI		JIVIIVIEN 13 (Durau	on or ose/s	side Ellects)
				R	REPORT OF MI	FDICAL	FXA	MIN	ATION				
Section V: Phys	ical F	yam	ination - It							, th	e Medical Prac	titioner	
Height Triys	icai L		/eight		Pulse	Bloc			inpicted by	7	Body Mass Inde		
(inches only):		(II	bs):	ı	Resting:	Pres	ssure:			<u>.</u>	or BMI > 40 refer to	Section VI	II)
lt						on any i				orm	al" system/organ.		A I
Item		Norm	nal Abnorm	31	Item			mai	Abnormal		Item	Normal	Abnormal
1. Head, Face, Neck, S	Scalp	<u> </u>			7. Upper/Lower E						13. Skin		
2. Eyes/Pupils/EOM		<u> </u>			8. Spine/Musculo		<u> </u>				14. Neurologic		
3. Mouth and Throat					9. Vascular Syste	em ————————————————————————————————————	<u> </u>	<u> </u>			15. Mental Status		
4. Ears/Drums					10. Abdomen							No	Yes
5. Lungs and Chest					11. General/Syste			_			16. Hernia		
6. Heart					12. Extremities/Di	git							
Additional Medical C	Comme	ents (	Please Print)										
					MEDI	CAL DP	<b>ДСТІТ</b>	ION	FR INITIAL S			re.	

Print Applicant Name: (Last, First, Ml.)				Date of Birth: (MM/DD/YYYY)					
Section VI: Vision - Must be performed by the <b>Medical Practitioner</b> , their medical staff or other qualified practitioner. Results must be reviewed by the <b>Medical Practitioner</b> . Additional guidance can be found at <a href="https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM">https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM</a> 16721 48.PDF.									
a. Visual Acuity									
Distance Vision, Uncorrected: If correction require	ed, Distance Vis	sion Correctat	ole To:	Field of Vision					
Right: 20/       Right: 20/         Left: 20/       Left: 20/	Normal (the applicant's horizontal field of vision is greater than or equal to 100 degrees).  Abnormal								
The Medical Practitioner m	ust indicate wh	nich test was	utilized	vision sense using one of the following testing methodologies I, and the <b>number of errors</b> obtained. In order to meet the nse without the use of color enhancing lenses.					
AOC (1965) - (6 or fewer errors on plates 1-15)			Ishiha	ara pseudoisochromatic plates test, 14 plate (5 or less errors)					
AOC-HRR (2nd Edition) - (No errors in test plate	s 7-11)		Ishiha	ara pseudoisochromatic plates test, 24 plate (6 or less errors)					
HRR PIP (4th Edition) - (No errors in test plates	5-10)		Ishiha	ara pseudoisochromatic plates test, 38 plate (8 or less errors)					
Richmond (2nd and 4th Edition) - (6 or fewer err	ors)		Farns	sworth Lantern (colored lights) Test per instruction booklet					
Titmus Vision Tester/OPTEC 2000 - (No errors of	on 6 plates)			ne (2nd Edition) pseudoisochromatic 15 plate test (6 or less errors)					
OPTEC 900 (colored lights) Test per instruction									
Alternative Testing (attach evaluation/test results):		D-15 Hue Tes	t (Fnair	neer/radio officer/tankerman/MODU only)					
Alternative resting (allactive valuation in estimation).			` •	color vision evaluation					
				to the Coast Guard					
Color Vision Testing Results:			•						
Passed Failed Nu	mber of Errors:								
Section VII: Hearing - Must be performed	by the <b>Medi</b>	cal Practition	oner, t	heir medical staff or other qualified practitioner.					
Results must be reviewed by the <b>Medical F</b> An applicant with pormal hearing by forced whispered		ith or without h	earing a	aids does not need to complete either the audiometer test or the					
functional speech discrimination test.	voice <u>&gt;</u> o reet w	iai oi wiaioacii	caring	and does not need to complete order the addiometer test of the					
Normal Hearing	Abnorma	al Hearing		Hearing Aid Required					
<ul> <li>(a) If hearing is abnormal, then perform either a functional speech discrimination test at 65dB or an audiogram documenting thresholds and averages as indicated below. Both aided and unaided values should be recorded for applicants requiring hearing aids.</li> <li>(b) All applicants with an unaided threshold &gt; 30dB in the better ear should have functional speech discrimination testing performed at 65dB.</li> <li>(c) Refer to the Merchant Mariner Medical Manual which can be found at <a href="https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM">https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM</a> 16721 48.PDF for further guidance. Report any additional information or comments in Section IX.</li> </ul>									
	Audiomete Threshold Va			Functional Speech Discrimination Test @ 65dB, if required by instruction (b) above					
500Hz 1,000Hz	2,000Hz	3,000Hz	Ave	rage					
Right Ear (Unaided)				Right Ear (Unaided):  %					
Left Ear (Unaided)				Left Ear (Unaided): %					
Right Ear (Aided)				Right Ear (Aided): %					
Left Ear (Aided)				Left Ear (Aided): %					
		MEDICAL PR	RACTIT	TIONER INITIALS: DATE:					

Print Applicant Name: (Last, First, M	11. <u>)</u>	Date of Birth: (MM/DD/YYYY)						
Section VIII: Demonstration of	of Physical Ability - To be completed by the	e Medical Practitioner						
LISTS OF TASKS CONSIDERED NECESSARY	Y FOR PERFORMING ORDINARY AND EMERGENCY RESPONSE	SHIPBOARD FUNCTIONS						
Shipboard Tasks, Function, Event, or Condition	Related Physical Ability	The Examiner Should Be Satisfied That The Applicant:						
Routine movement on slippery, uneven, and unstable surfaces	Maintain balance (equilibrium)	Has no disturbance in sense of balance						
Routine access between levels	Climb up and down vertical ladders and stairways	Is able, without assistance, to climb up and down vertical ladders and stairways						
Routine movement between spaces and compartments	Step over high doorsills and coamings, and move through restricted accesses	Is able, without assistance, to step over a doorsill or coaming of 24 inches (600 millimeters) in height. Able to move through a restricted opening of 24 x 24 inches						
Open and close watertight doors, hand cranking systems, open/close valve	Manipulate mechanical devices using manual and digital dexterity, and strength	Is able, without assistance, to open and close watertight doors that may weigh up to 55 pounds (25 kilograms); should be able to move hands/arms to open and close valve wheels in vertical and horizontal directions; rotate wrists to turn handles; able to reach above shoulder height						
Handle ship's stores	Lift, pull, push, carry a load	Is able, without assistance, to lift at least a 40 pound (18.1 kilograms) load off the ground, and to carry, push, or pull the same load						
General vessel maintenance	Crouch (lowering height by bending knees); kneel (placing knees on ground); stoop (lowering height by bending at the waist); use hand tools such as span-ners, valve wrenches, hammers, screwdrivers, pliers	Is able, without assistance, to grasp, lift, and manipulate various common shipboard tools						
Emergency response procedures including escape from smoke-filled spaces	Crawl (ability to move body using hands and knees); feel (ability to handle or touch to examine or determine differences in texture and temperature)	Is able, without assistance, to crouch, kneel, and crawl, and to distinguish differences in texture and temperature by feel						
Stand a routine watch  Is able, without assistance, to intermittently stand on four hours with minimal rest periods								
React to visual alarms and instructions, emergency response procedures	Distinguish an object or shape at a certain distance	Fulfills the eyesight standards for the merchant mariner credential						
React to audible alarms and instructions, emergency response procedures	Hear a specified decibel (dB) sound at a specified frequency	Fulfills the hearing standards for the merchant mariner credential						
Make verbal reports or call attention to suspicious or emergency conditions	Describe immediate surroundings and activities, and pronounce words clearly	Is capable of normal conversation						
Participate in fire fighting activities	Be able to carry and handle fire hoses and fire extinguishers	Is able, without assistance, to pull an uncharged 1.5 inch diameter, 50' fire hose with nozzle to full extension, and to lift a charged 1.5 inch diameter fire hose to fire fighting position						
Abandon ship	Use survival equipment	Has the agility, strength, and range of motion to put on a personal flotation device and exposure suit without assistance from another individual						
<ol> <li>The Medical Practitioner should indicate whether the applicant can meet the guidelines listed in the table above. If the Medical Practitioner doubts the applicant's ability to meet the guidelines contained within this table, and for all applicants with a Body Mass Index (BMI) of 40 or higher, the practitioner should require that the applicant demonstrate the ability to meet the guidelines contained within this table. This does not mean, for example, that the applicant must actually don an exposure suit, pull an unchanged 1.5 inch diameter 50' fire hose with nozzle to full extension, or lift a charged 1.5 inch diameter fire hose to firefighting position. Rather, the Medical Practitioner may utilize alternative measures to satisfy themselves that the applicant possesses the ability to meet the guidelines in the third column. A description of the methods utilized by the Medical Practitioner should be reported in the Comments section provided below.</li> <li>All practical demonstrations should be performed by the applicant without assistance. Any prosthesis normally worn by the applicant, and any other aid devices, may be used by the applicant in all practical demonstrations except when the use of such items would prevent the proper wearing of mandated personal protection equipment (PPE).</li> <li>If the Medical Practitioner is unable to conduct the practical demonstration, the applicant should be referred to a competent evaluator of physical ability. The Coast Guard recognizes that not all medical practitioners will have the equipment necessary to test all of the tasks as listed. Equivalent alternate testing methodologies may be used. For further information, check the Merchant Mariner Medical Manual which can be found at <a href="https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM 16721 48.PDF.">https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM 16721 48.PDF.</a></li> <li>If the applicant is unable to perform all of the functions listed in the table above, the Medical P</li></ol>								
Results: perform all of		olicant does <b>NOT</b> have the physical strength, agility, and flexibility of the items listed in the physical ability table.						
COMMENTS: (Please Print)								
	MEDICAL PRACTITIO	NER INITIALS: DATE:						

Print Applicant Name: (Last, First, N	<mark>11</mark> .)					Date of E	Birth: (	MM/DD	/YYYY)			
Section IX: Summary - To be	complete	d by the Med	dical Pra	ctitioner	•							
a. Applicant proof of identity provided:	Yes N	b. Certificatio	n recomme	endation:	Reco	mmended	N	ot Recon	nmended	Ne	eds Further Re	eview
<ul> <li>c. Assessment: 1. Preliminary screening tion or debilitating complication, to include artery disease:</li> <li>OR,</li> <li>2. (Entry-level, only) - To the best of my seafarer unfit for such service or to endage.</li> </ul>	de, uncontrolle knowledge, r	ed obstructive slo	eep apnea	diabetes n m any med	nellitus	or coronar	у	Yes	No	Norvice at s	eeds Further Re	eview er the
d. Discussion: Please discuss any co	onditions su	bject to further	review ide	entified in S	Section	ı III(b) or a	ny oth	er conce	erns. Ple	ase prin	t or type.	
e. Medical Practitioner: My sign correct to the best of my knowledge and that I have fully evaluated all examination	I that I have r	ot knowingly om	itted or fals	sified any m	naterial	information						is
Last Name	First Name		M.I.	License N	umber						State	
Signature		Date (MM/DD/Y	YYY)	Phone Nu	mber			MD [	DO	P.	A NP	
Office Street Address												
City	State	Zip Code										
									(Place of	fice addı	ess stamp hei	re)
Section X: Application Certification	ication - T	o be comple	ted by tl	ne Applie	cant				,		· .	
My signature below attests, subject to p my knowledge, and I agree that it is to be material information relevant to this form	oe considered	part of the basis	s for issuar	nce of any r	nedical	l certificate	to me.	I have n				f
Signature of Applicant								Date (M	1M/DD/YY	YYY)		
An agency may not conduct or sponsor The United States Coast Guard estimat burden or any suggestions for reducing Washington, D.C., 20593-7509.	es that the av	erage burden fo	r this form	is 18 minut	es. You	u may subr	nit any	commer	nts conce	rning the	accuracy of the	his

Print Applicant Name:(Last, First, MI.)		Date of Birth: (I	MM/DD/YYYY)
Section XI: (Optional) Applicant	Consent - To be completed	by the Applicant	Declined _
a. CONSENT FOR MEDICAL PRACTITION  My signature below authorizes the Medical F  Coast Guard personnel, any pertinent inform  Guard prior to determining whether the Coast  I understand that this authorization is volunta  determination as to whether the Coast Guard  Guard determines whether to issue me the re	Practitioner, who has signed the certination in his/her possession regardingst Guard should issue a merchant mary. I also understand that failure to put should issue me a merchant marin	fication on page 9 of this form, to re g any physical or medical condition ariner medical certificate. provide authorization could affect th er medical certificate. This authoriz	that may require review by the Coast e Coast Guard's ability to make a timely ation will remain in effect until the Coast
•	ny time prior to its expiration date by taken before they received the notific	cation.	titioner in writing, but the revocation will
u Upon request, I may see or copy the u I am not required to sign this releas	e information described in this releas to to receive my medical evaluation.	6e.	
Signature of Applicant	,		Date (MM/DD/YYYY)
My signature authorizes the Coast Guard to authorization at any time prior to its expiration Please provide the Name of the Organization attached separately.  Iame of Organization or Third Party	on date by notifying the Coast Guard	in writing.	
Organization Point of Contact (if applicable)		Phone Number	
Street Address			
City		State	Zip Code
ignature of Applicant			Date (MM/DD/YYYY)
c. CONSENT FOR THIRD PARTY TO ACT My signature authorizes the following third possible certificate. This means that the Coast Guard request agency action on my behalf, and recomplete I understand that I may revoke this authorized Please provide the Name of the Organization separately.  Jame of Organization or Third Party	arty to act on my behalf in all matte I will share my medical information a ceive my medical certificate. ation at any time prior to its expiration	nd correspond with the third party, and date by notifying the Coast Guard	and it means that the third party can in writing.
Organization Point of Contact (if applicable)		Phone Number	
Street Address			
City		State	Zip Code
ignature of Applicant			Date (MM/DD/YYYY)